

# WHAT TEENS WANT OTHER TEENS TO KNOW ABOUT PREVENTING TEEN PREGNANCY

1. THINKING "IT WON'T HAPPEN TO ME" IS STUPID; IF YOU DON'T PROTECT YOURSELF, IT PROBABLY WILL. SEX IS SERIOUS. MAKE A PLAN.
2. JUST BECAUSE YOU THINK "EVERYONE IS DOING IT," DOESN'T MEAN THEY ARE. SOME ARE, SOME AREN'T — AND SOME ARE LYING.
3. THERE ARE A LOT OF GOOD REASONS TO SAY "NO, NOT YET." PROTECTING OUR FEELINGS IS ONE OF THEM.
4. YOU'RE IN CHARGE OF YOUR OWN LIFE. DON'T LET ANYONE PRESSURE YOU INTO HAVING SEX.
5. YOU CAN ALWAYS SAY "NO" — EVEN IF YOU'VE SAID "YES" BEFORE.
6. CARRYING A CONDOM IS JUST BEING SMART — IT DOESN'T MEAN YOU'RE PUSHY OR EASY.
7. IF YOU THINK BIRTH CONTROL "RUINS THE MOOD," CONSIDER WHAT A PREGNANCY TEST WILL DO TO IT.
8. IF YOU'RE DRUNK OR HIGH, YOU CAN'T MAKE GOOD DECISIONS ABOUT SEX. DON'T DO SOMETHING YOU MIGHT NOT REMEMBER OR MIGHT REALLY REGRET.
9. SEX WON'T MAKE HIM YOURS, AND A BABY WON'T MAKE HIM STAY.
10. Not ready to be someone's father? It's simple: Use protection every time or don't have sex.

*This handout was adapted from the fact sheet developed by the  
National Campaign to Prevent Teen Pregnancy: [www.teenpregnancy.org](http://www.teenpregnancy.org)*